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INSTRUMENT TITLE: *4-item Self-Report Questionnaire*

SOURCE ARTICLE: Kambai Avong, Y., van Wyk, B., Njab, J., Abimiku, G., Ndembi, N., Okuma, J., ... & A Blattner, W. (2015). Adherence to anti-retroviral therapy in north central Nigeria. Current HIV research, 13(4), 268-278.

POPULATION: Women, men, HIV-positive, AIDS, patients

RESPONSE OPTIONS: "Not Missing a Dose" Adherence - # of doses missed in last 3 days; "Correct Dose" Adherence: # of tablets taken in one dose in last 3 days; "Correct Frequency" Adherence: # of times/day medicine taken in last 3 days; "Correct Schedule" Adherence: Specified hours of the day when medicine was taken in past 3 days

SCORING: Not Missing a Dose Adherence: Adherent if didn't miss a dose in the past 3 days; Correct Dose Adherence: Adherent if took 95-100% of correct doses in past 3 days; Correct Frequency Adherence: Adherent if complied w/correct frequencies at a level of 95-100% in the past 3 days; Correct Schedule Adherence: Adherent if complied w/correct schedule at a level of 95-100% in the past 3 days; Composite measure: sum of adherence scores of the other 4 measures, divided by 4, multiplied by 100

SURVEY ITEMS:
Not Missing a Dose: "How many of the doses did you miss in the last 3 days?"
Correct Dose: "In the last 3 days, how many tablets of this medicine did you take in one dose?"
Correct Frequency: "In the last 3 days, how many times in a day did you take this medicine?"
Correct Schedule: "At what times were you taking this medicine in a day for the past 3 days (specify the hours e.g. 8am and 8pm)?"

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RELIABILITY INFORMATION: No reliability information reported

VALIDITY INFORMATION: Criterion-related validity assessed via comparison with viral load.